



1. VENUE

The OPTIMIT CRITERIUM will be held from March 14th-17th , 2008 at Punta Lagoa, Vigo, Spain. The racing area will be in the Ria de Vigo and the shore venue will be the Club Náutico Punta Lagoa, Vigo (Pontevedra, Spain).

2. ORGANIZING AUTHORITY

The Event is organized by the Club Náutico Punta Lagoa in association with Royal Spanish Sailing Federation (R.F.E.V) and Galician Sailing Federation (F.G.V)

3. LANGUAGE

English shall be the Official Language for the Event.

4. RULES

4.1. The Event shall be sailed under the following rules:

- a. The 2005 - 2008 ISAF Racing Rules of Sailing (RRS);
- b. The current Class Rules and Conditions of the IODA;
- c. The final Notice of Race;
- d. The Sailing Instructions (SI) and its amendments;
- e. The Supplementary Sailing Instructions (SSI) and its amendments;

4.2. The prescriptions of the R.F.E.V. will not apply.

4.3. The event is designated Category A, ISAF Regulation 20; All competitors may be required to display advertising of the event sponsors on each side of the hull in accordance with ISAF Regulation 20.3(d)(i).

4.4. Sailing Instructions will be available at registration.

4.5. Boats shall "conspicuously display a red flag" according to the second sentence of RRS 61.1(a). (Amends RRS 61.1(a)(2)) A boat required to display a flag shall do so until she is no longer racing and shall inform a Race Committee finish boat of the boat being protested immediately after finishing. (Amends RRS 61.1(a), third sentence)

5. INTERNATIONAL JURY

An Jury will be appointed. Decisions of Jury are not final and subject to appeal as provided in RRS 70.4. to RFEV.

6. ELIGIBILITY

6.1. Competitors shall comply with the ISAF Eligibility Code, Regulation 19.

6.2. Each team shall be accompanied by a Team Leader and may be accompanied by one Coach and one Country Representative.

6.3. Competitors shall be either national or bona fide residents of the country they represent, unless otherwise agreed by the IODA Executive Committee.

7. FORMAT OF THE EVENT

7.1. The Optimist Criterium Punta Lagoa is made up of three classes:

- a. Red Fleet (A) 13, 14, and 15;
- b. Blue Fleet (B) 11 and 12, and;
- c. White Fleet (C) 10 and under.

7.2. For the entire fleet will be divided into 2 divisions (as far as possible with the same number of boats) each of which will sail at least once, and if conditions permit, 2 or 3 times with each of the other divisions.

7.3. The registration of competitors continuing up to the last minute, dividing the fleet shall be done by the Race Office on March 29th at 19:00 hrs. Late entries will be added to the list.

7.4. No more than four races will be sailed on any day.

8. SCHEDULE

Day	Date	Fact
Friday	March, 14 th	Registration and Measurement Official accommodation available after 14:00hrs Team Leaders meeting Racing Welcome Party
Saturday	March, 15 th	9.00 hrs Racing
		Official dinner
		Party
Sunday	March, 16 th	9.00 hrs Racing
Monday	March, 17 th	9.00 hrs Racing
		Prize giving and Closing Ceremony

9. SCORING

9.1. For the competition the series shall consist of up to 16 races for each division, of which 4 must be completed to constitute a Event.

9.2. Each boat's total score will be the sum of her scores for all races except that when 12 or more races have been completed, her two worst scores shall be excluded or if only 6 or more but less than 12 races have been completed, her single worst score shall be excluded.

9.3. The scoring system for the Optimist Criterium Punta Lagoa will be described in the Supplementary Sailing Instructions. Appendix D will apply.

10. SAFETY

10.1. In addition to IODA Class Rules 4.2 (a) and (b), 4.3 (a) and (b), each boat shall have on board a secured paddle with a blade surface of not less than 0.025 square meters, and each competitor shall carry a whistle attached to clothing with a lanyard. Competitors not complying with this instruction will be attributed a penalty of 5 points for each race of the day on which they have failed to observe this instruction.

10.2. Adequate personal buoyancy shall be worn at all times while afloat. Wet suits and dry suits do not constitute adequate personal buoyancy. If the buoyancy device is of an inflatable type, it shall be inflated at all times while afloat. This changes RRS 40.

11. SUPPORT BOATS

11.1 Team support boats shall be used according to the following conditions:

a. Each boat shall display a flag bearing the three letter national code, which will be supplied by the Organizing Committee.

b. Boats shall be shared by coaches of at least two different countries as decided by the Organizing Committee. No more than one person from each team shall be on

the water in the boat at the same time.

c. All support boats shall comply with the rules established by the Organizing Committee.

d. Fuel and other consumables will be paid by the teams using the boat.

11.2 Team support boats are available from the organizers at EUR 100 per day per boat (one boat per two teams).

11.3 Reservations of support boats shall be made with the First Entry & Support Boat Reservation Form before March 9th 2008.

11.4 A damage deposit of EUR 500 will be charged at registration and refunded at the end of the Event provided the boat is in good conditions. Should the Organizing Committee decide to deduct from the damage deposit, it may require that the deposit be restored to its original amount before the coaches are permitted to use the boat again. Any remaining deposit will be refunded at the end of the Event. Damage deductions will be shared by the teams using the boat.

11.5 Support boats will be available from February 28th, 2008 until the last day of the Event.

12. SPECTATOR BOATS

Spectator boats will be provided. Costs to be announced later.

13. MEASUREMENT

13.1. Competitors are allowed to use only one hull, dagger board, rudder (with tiller and extension), mast, boom, sprit and sail during the Regatta. These parts of the equipment will be measured according to the Measurement Regulations, and approved to be complying with the Class Rules by the Measurement Committee.

13.2. Substitution of damaged equipment may be permitted providing that:
a. The damaged equipment has been checked by the Measurement Committee;
b. The substituting equipment is presented for measurement to the Measurement Committee after the end of the day's racing.

c. Such substitution is subject to the approval of the Race Committee given retrospectively.

14. LIABILITY

14.1. Participants compete entirely at their own risk and responsibility. See RRS 4, Decision to Race.

14.2. The Organizing Authority and any other party involved in the organization of the Event accept no liability whatsoever for any injury, damage, loss or claim, whether personal or material, incurred by or inflicted to participants before, during or after the Event.

14.3. All competitors and support staff will be required to execute liability waiver.

15. INSURANCE

Competitors shall produce at registration a valid 3rd party liability insurance covering a minimum amount equivalent to EUR 1,000.000. Teams unable to do so may contract the insurance through the Organization. Estimated cost EUR 50 per sailor as a maximum.

16. ENTRY FEES

16.1. Entry fee including accommodation and meals, between official Arrival Day (March 14th) and Official Departure Day (March 17th) for sailors and coaches or team leaders.

16.2 Organizing team will offer accommodation to other persons (special rates). Date Limit: March, 1st 2008.

16.3 Entry fee for each competitor will be 100 Euros.

17. ENTRIES

Entries shall be made with the official forms, according to the following schedule:

17.1. For reasons of planning the First Entry & Support Boat Reservation Form shall be returned to the Organizing Committee no later than March 9th 2008.

17.2. The Second Entry & Support Boat Reservation Form shall be returned to the OC no later than March 16th 2008.

17.3. The Third Entry Form shall be returned to the OC as soon as the names of sailors and adults are defined.

18. ACCOMMODATION

18.1. Competitors and team officials will be housed in hotels clearest as possible to the club. Official accommodation will be available from 12:00 on March 14th 2008 until 11:00 on March 17th 2008.

18.2. All three meals will be provided. Breakfast and dinner will be served at the club. The first official meal will be dinner on March 14 th 2008 and the last official meal will be breakfast on March 17th 2008.

18.3. A damage deposit of EUR 200 per room may be charged by the hotel and will be refunded if no damage has occurred. The damage deposit and other extra charges will be paid directly to the hotel and may be paid by Visa or Mastercard.

18.4. Special food can be provided if requested in advance. Please send special requests by March 2nd 2008 using the special meal request form.

19. EARLY ARRIVALS

19.1. Teams wishing to arrive before the official arrival date should contact the Organizing Committee in order to book accommodations. The daily fee per person per day will

be approximately EUR 40 - 45 per person (bed & breakfast).

19.2. Early arrivals have to be booked by March 9th 2008 to guarantee rate.

19.3. Club facilities will be open from March 9th 2008.

20. TROPHIES

20.1 There will be a trophy per ten competitors per group.

20.2 A gift to all competitors shall be given.

21. TRANSPORTATION

21.1. Free of charge transportation to and from Vigo Airport will be provided on official arrival and departure days.

22. SOCIAL EVENTS

To enhance the friendship between the participants and to make their stay in Spain more enjoyable, appropriate social events will be organised. Casual attire.

23. MISCELLANEOUS

23.1. Each team is kindly requested to bring its own National Flag (100cm x 150cm) and the National Anthem recorded on tape or CD.

24.2. There are no medical precautions that need to be taken entering Spain.

24. SAILING CONDITIONS

Wind speed: 5 to 20 knots

Daytime

temperature Variable: 18 - 22 degrees Celsius

Tide: 3m

Water temperature Average of 15 degrees Celsius

Current: 2 - 4 knots

25. VISA REQUIREMENTS

Delegations shall contact a Spanish Embassy or Consulate in their country to get the latest visa requirements.

26. CONTACT

26.1. For further information and queries, please contact:

Phone: +34 986 37 43 05

Fax: +34 986 26 21 33

Website: www.nauticopuntalagoa.com

Mail: comiteregatas@nauticopuntalagoa.com



26.2. Each participating country should designate a person to be the official contact with the Organizing Committee and provide an e-mail address.

Punta Lagoa, December 2008

Organizing Authority